



JKPS

‘B’ Paschimi, Shalimar Bagh, Delhi-110088

Workshop Report: Cyber Security

Topic: Cyber Security

Date: 28-05-2025

Speaker: Ms. Trapti Yadav

Organization: Goyal Brothers

A workshop on Cyber Security was recently conducted by Ms. Trapti Yadav with the goal of educating the teachers about the various threats present in the digital world and how to adopt safe online practices. The session began with a discussion on the growing issue of cyberbullying, particularly among teenagers.

Ms. Yadav illustrated its serious psychological impact and legal consequences using real-life examples and statistics. She then shifted focus to the responsible use of social media platforms like Snapchat and Instagram, explaining how careless content sharing and weak privacy settings can lead to data breaches, cyber harassment, and exploitation.

The session also covered some of the more disturbing aspects of digital life, including harmful trends like the Blue Whale challenge, violent games such as GTA, and controversial content like "Rapelay", highlighting the psychological and social risks these pose, especially to younger users.

An introduction to the Dark Web was another key part of the session. Ms. Yadav explained its structure, the illegal activities often found there, and the dangers of accessing it without adequate knowledge or precaution. She also raised awareness about digital arrest scams, where people receive phishing messages or calls accusing them of crimes, and provided practical advice on how to identify and handle such situations. Emphasizing the importance

of digital literacy, Ms. Yadav pointed out several root causes behind the rise in cyber threats, including lack of awareness, easy access to personal data, weak legal frameworks, and software vulnerabilities.

The session was rich with guidance on how to stay secure online. Ms. Yadav explained common cyber threats such as phishing, spam, and malware, and shared essential tips like creating strong, unique passwords, enabling two-factor authentication, avoiding suspicious links, keeping software updated, and being cautious with personal information. The workshop concluded with an interactive Q&A session, where participants had the

opportunity to clear doubts and engage in meaningful discussions. Ms. Yadav's clear explanations and real-world examples made the session highly engaging and informative. Overall, the workshop successfully raised awareness about cyber security and equipped attendees with the knowledge and tools needed to stay safe and responsible in the digital world.

